

RCF CITY Dazzles



Unite For Good and experience the Magic of Rotary!

Alone we can 'Say' but together we can 'Talk'.
Alone we can 'Enjoy' but together we can 'Celebrate'
Alone we can 'Smile' but together we can 'Laugh'

That's the BEAUTY of Human Relations.
We are nothing without each other.

Alone we can do so little, together we can do too much!

"RCF City: एक नई उड़ान, एक नया अभियान"

शुरु हुई RCF City की नई कहानी,
सुनाते हैं आपको हम अपनी जुबानी।

हर दिल में हो अपनापन, हर बात में प्यार,
हर पल बने दोस्ती का खास उपहार।
योजनाओं में हो नव सोच की चमक,
मिलकर चलें, न हो दूरियों की झलक।

जोश हो, जज़्बा हो, तैयार हैं हम,
बढ़ते चलें मिलकर, हर मुश्किल हो कम।
मानवता की सेवा, हमारा प्रण है प्यारा,
हर कर्म से फैलाएं उजियारा सारा।

चलो मिलाएं हाथ, बढ़ाएं कदम,
हर रिश्ते में घोलें अपनापन हरदम।
शुरुआत है यह दिल से सच्ची,
RCF City की सेवा रहे सबसे अच्छी!

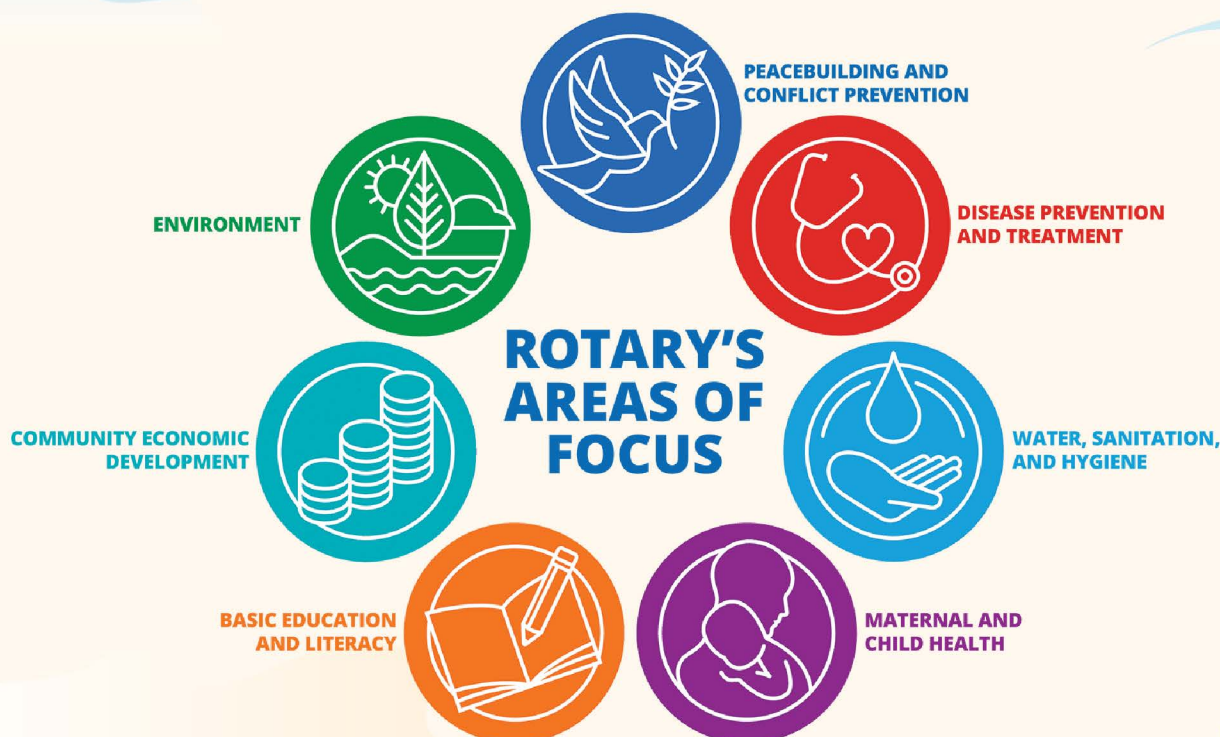
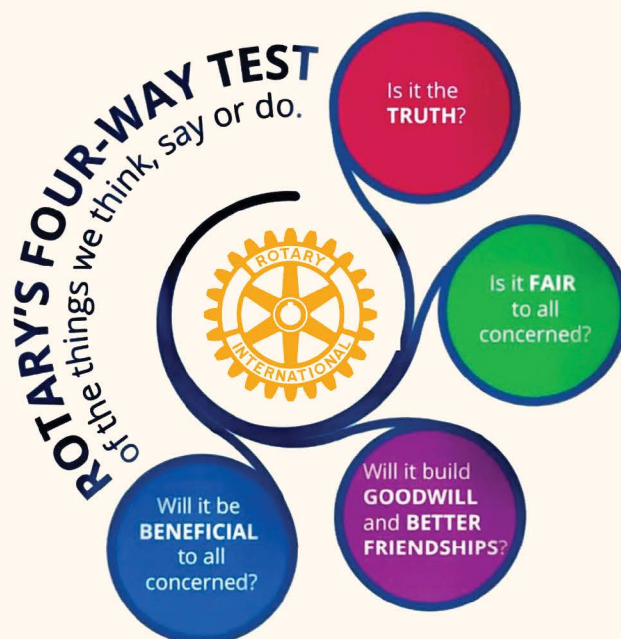


The Rotary Way

Guided by Truth, Driven by Service

The Four-Way Test, our guiding light,
Leads us with wisdom, pure and bright.
Is it truthful? Is it fair?
Will goodwill grow and kindness share?

Seven focus areas of Rotary!
Makes you a drop in the ocean of Humanity.
Spin the wheel, Always be the winner!
For you are the blessed one, chosen to be the giver.



DISTRICT DIARIES: RCF CITY ON THE MOVE

RCF City Gears Up for a Promising Rotary Year!

RCF City proudly participated in the District Training Events — PEM 1, PEM 2, and PELS (President Elect Training Seminar).

President Elect Rtn. Sunita Vij and Rtn. Lov Vij represented the Club with great enthusiasm, soaking in the learning and energy for the upcoming Rotary year 2025-26.

We look forward to a dynamic and impactful year under the visionary leadership of DG Dr. Rtn. Ravi Gugnani and First Lady Rtn. Monika Gugnani.

Let's make it memorable together — because the support and spirit of our vibrant RCF City members will always be our greatest strength!



Gearing up for Rotary Year 2025-26

Stepping into a promising journey, hand in hand with fellow Rotarians and Co-Presidents.

Attending Grant Seminar.

At Rotary Blood Bank Charitable Trust, attending Interactive Meeting as President Trustee for the year 2025-2026.



S.NO.	NAME OF CLUB	PRESIDENT NAME	MOBILE NO.
1.	RCF ELITE	RTN. APURVA MALHOTRA KAPOOR	981185597
2.	RCF EXCELLENCE	RTN. SHARAD CHANDRA	981188992
3.	RCF HERITAGE	RTN. ALKA GARG	987180552
4.	RCF HRY NEXT	RTN. SANCHITA GUPTA	981180022
5.	RCF JOSH	RTN. DEEPAK MONHAN	981887779
6.	RCF MIT	RTN. RAJANI DESA	981874517
7.	RCF PRESHNA	RTN. PARVEEN GARG	981833187
8.	RCF SANSKAR	RTN. SINGH BUSHAM GOYAL	981127859
9.	RCF MIDTOWN NEXT	RTN. SIMAR SAPNA	980864532
10.	RCF ARABALLI	RTN. MANISH MANCHANDA	980829276
11.	RCF FARIDABAD	RTN. PRESH CHANDRA WALSH	987286129
12.	RCF LIFELINE	RTN. RAMESH RANA	989252432
13.	RCF INDUSTRIAL TOWN	RTN. SAURABH BHATTAL	981807388
14.	RCF HRY	RTN. MANOJ SACHDEVIA	989278718
15.	RCF AMRITA	RTN. ANIL JAIN	981127888
16.	RCF CITY	RTN. SONITA KJA	981133337
17.	RCF EAST	RTN. ASHU LAUL	930209180
18.	RCF IMPERIAL	RTN. RAJENDRA GUPTA	981180100
19.	RCF CENTRAL	RTN. NARESH KUMAR VERMA	981143837
20.	RCF GRACE	RTN. RAKI KUMAR GARG	981882718
21.	RCF SAPPHIRES	RTN. ANJALI SRIVASTAVA	987286129
22.	RCF TULIPS	RTN. PREETI SRIVASTAVA	981178738
23.	RCF SASTHA	RTN. ANSHUL JINDAL	981125880
24.	RCF ARTH	RTN. RASHMI BHUTANI	981237888
25.	RCF COSMOPOLITAN	RTN. NITYA SINGH	981812451
26.	RCF CENTRAL YOUTH SHAKTI	RTN. ANU JAIN	987179711
27.	RCF GREATER FARIDABAD	RTN. ATUL GOYAL	981181255
28.	RCF HAPPINESS	RTN. BHAVNA SHARMA	981817338
29.	RCF MIDTOWN	RTN. MANOJ GOYAL	981878899
30.	RCF HRY NEXT	RTN. SUBHANSI GUPTA	977388264
31.	RCF GREEN	RTN. PARVEEN SHARMA	977388264
32.	RCF PROFESSIONAL	RTN. SAMANT LAKSHAN	981180100
33.	RCF PALWAL CITY	RTN. NEHA SHARMA	981180100
34.	RCF PALWAL PARIBH	RTN. PARAG CHITRA	740481186
35.	RCF PALWAL SANSKAR	RTN. MOHIT GOYAL	981888181
36.	RCF NCH GOLDERS	RTN. PULEY PAL BHAVANU	981888181
37.	RCF SANDSHI	RTN. SUNIL SHARMA	981888181



Dear Valuable Readers,
Warm Rotary Greetings!

July – A Month of New Beginnings!

As the Rotary wheel turns into a new year, **July marks the month of Leadership** – a time to take the baton, inspire change, and serve with renewed purpose. It's a fresh start, where Presidents and their teams across the Rotary world step up with vision, energy, and commitment to the **Rotary motto, "Service Above Self."**

Our President Rtn. Sunita Vij and the core team – Secretary Rtn. Til Kumari, Treasurer Rtn. Ginny Makkar, Joint Secretary Rtn. Laxmi Kabra – along with their supportive partners Rtn. Lov Vij, Rtn. Deepak Prasad, Rtn. Davender Singh, and Rtn. Ruchin Kabra, are all geared up to lead RCF City with enthusiasm and dedication, supported by an equally passionate board. Together, we aim to make RCF City Dazzle.

We embrace this opportunity to lead with compassion, collaborate with commitment, and create lasting impact in every life we touch.

At the same time, **Mother Nature graces us with the first monsoon showers**, bringing refreshing relief and nurturing all forms of life. **Spiritually, the sacred month of Sawan begins** – a time of devotion, self-reflection, and divine connection – reminding us to stay grounded, grateful, and generous.

Let's move forward with purpose in our hearts, service in our actions, and gratitude in our souls.

Yours in Rotary,

Sunita Vij
Editor, RCF City



DISTRICT DIARIES: RCF CITY ON THE MOVE

Graceful Endings, Glorious Beginning!

Gratitude for the Rotary District 3011, Journey till now, serving with passion and dedication. Recognition and awards fuels the spirit to serve better and brighter.

At the "Thanksgiving Ceremony, Orana Convention Gurugram." Rtn. Lov Vij, RCF City, Recd. "The Super Elite Assistant Governor award for the Rotary year 2024-25" as well as "BEST ASSISTANT GOVERNOR RUNNING TROPHY, shared amongst Four Assistant Governors, "Rtn. Lov Vij, Rtn. Vipin Chanda, Rtn. Pinki Singhania and Rtn. Pramod Agarwal ."

"Rtn. Sunita Vij, President Elect, RCF City, 2025-26, was also acknowledged with the "Unicorn Achievement Award for Trustworthy hands providing reliable presence, loved by all"



DISTRICT DIARIES: RCF CITY ON THE MOVE

Unite for Good: The Journey Begins!



With pride and purpose, RCF City marked a graceful presence at two key district events — District Assembly "Akshya" and the grand Joint Installation "Advaita" of DG Dr. Rtn. Ravi Gu gnani and Presidents of Rotary District 3011.

Representing RCF City with enthusiasm and dedication were **President 2025-26, Rtn. Sunita Vij, Rtn. Lov Vij, and Rtn. Manoj Gulati**. These moments not only deepened our bonds within the Rotary family but also ignited our commitment to a purposeful journey ahead.

With Compassion, Commitment, and Collaboration as our guiding lights, we embrace this Rotary year's inspiring theme — "Unite for Good" — and are ready to experience the true "Magic of Rotary."

Let's serve with joy, act with kindness, and make every step count!



THE VIBRANT Core Team! ✨

RCF City's Core team, United and Bright,
Ready to serve with passion and might.
With vibrant hearts and dedication true,
They're set to bring change, with all they do.

Together they rise, in service they stand,
Spreading goodness with a helping hand.
A bond so strong, a spirit so high —
Touching lives as they reach for the sky!



Club President

**Rtn. Sunita Vij
and
Rtn. Lov Vij**



Club Secretary

**Rtn. Til Kumari
and
Rtn. Deepak Prasad**



Club Treasurer

**Rtn. Ginny Makkar
and
Rtn. Devendar Singh**



Club Joint Secretary

**Rtn. Laxmi Kabra
and
Rtn. Ruchin Kabra**

President's Message

Dear Rotarians,

It is with immense gratitude and determination that I take on the role of President of RCF City. Though our club was chartered with great enthusiasm, it lost its pace over time. Now, with God's grace, the blessings of fellow Rotarians, and the support of our dedicated members, I commit myself to reviving its spirit and purpose.

Having served actively as a Rotarian with RCF Tulips and gained invaluable experience as the First Lady alongside a passionate Rotarian leader, Rtn. Lov Vij, I step into this responsibility with renewed energy and a clear vision.

Under the guidance of our vibrant District Governor Rtn. Dr. Ravi Gugnani, and with a focus on strong fellowship and meaningful service, we will work together to make RCF City shine bright once again.



RTN. SUNITA VIJ
PRESIDENT, RCF CITY

"With hands in hand,
Together we stand,
To make RCF City an individual brand,
To make lives around us meaningful and grand—
That's the motive of RCF City's dazzling band."

Yours in Rotary,

Rtn. Sunita Vij
President, RCF City

Message from the Club Trainer

Guidance through Experience, Service with Passion!

Dear Fellow Rotarians,
Warm Rotary Greetings!

It is an honour to serve as **the Club Trainer for RCF City this Rotary year**. With a deep-rooted passion for service over the past 13 years, I look forward to guiding **President Rtn. Sunita Vij and her vibrant team** on a journey filled with purpose and impact.

My focus will be on creating greater awareness about Rotary among our new members, fostering meaningful fellowship, and strengthening the spirit of togetherness within the club.

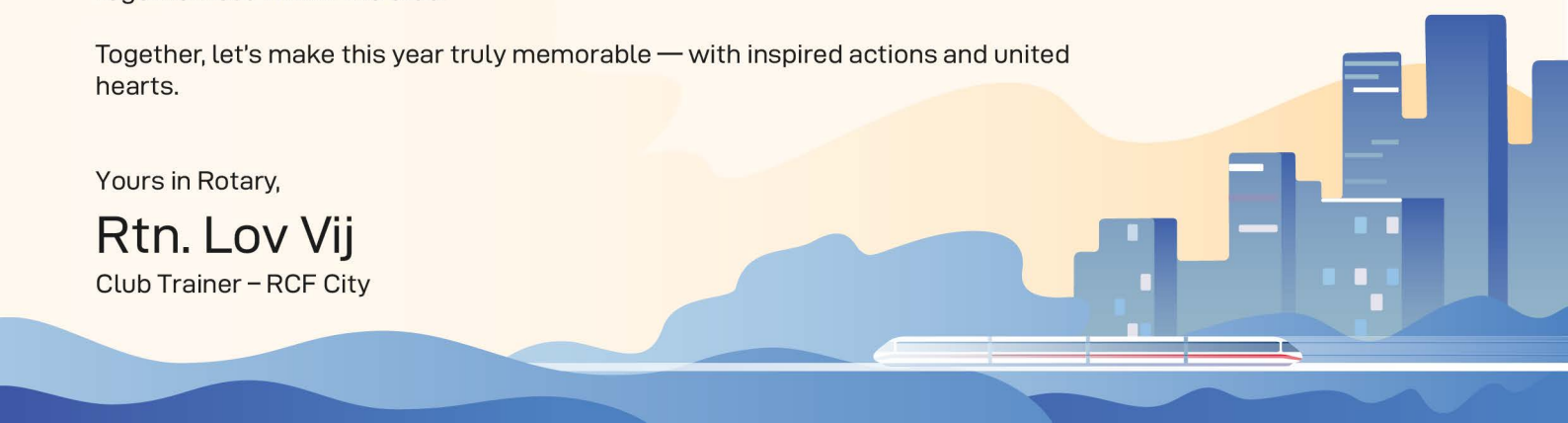
Together, let's make this year truly memorable — with inspired actions and united hearts.

Yours in Rotary,

Rtn. Lov Vij
Club Trainer – RCF City



RTN. LOV VIJ
CLUB TRAINER, RCF CITY



RCF CITY IN ACTION

A Meaningful Beginning for RCF City

With gratitude in our hearts, RCF City proudly executed its inaugural project – the installation of 3 Plastic Waste Collection Bins at Sector 15 Market and Community Centre, Faridabad.

This year, "We say No To Plastics"

Let's dispose the Plastics in a right way and nurture Nature for us and for future Generations !

The true strength of the initiative was the enthusiastic participation of around 20 dedicated RCF City members, whose presence made the project truly impactful.

A small but significant step toward a cleaner future.

सज़ा इंडिया RNI NO.: HARHIN/2017/74659

फरीदाबाद | शनिवार, 05 जुलाई 2025 खर्च 03 | सख्या - 93 | पेज-09 | गुल्फ 3

आरसीएफ सिटी ने प्लास्टिक कचरे के निस्तारण के लिए सेक्टर 15 मार्केट में रखे तीन प्लास्टिक कचरा बॉक्स

शहर को स्वच्छ और प्लास्टिक मुक्त करने के लिए आम जनमानस की भागेदारी बेहद जरूरी: सुनीता विज



सज़ा इंडिया
Mishra Mandal

फरीदाबाद। रोटी वगैरह आदि प्लास्टिक कचरे को सही ढंग से निस्तारण करने की जरूरत है। इसकी शुरुआत सेक्टर 15 की मार्केट से शनिवार को की गई। इस कार्यक्रम में आरसीएफ सिटी के सदस्य वगैरह शामिल थे। इस मौके पर आरसीएफ सिटी की कार्यकर्ता प्रिंसिपल सुनीता विज ने सभी भाग्यशुक्त लोगों का धन्यवाद व्यक्त किया। कचरे को और से प्लास्टिक कचरे के निस्तारण में मदद करने के लिए आम जनमानस की भागेदारी बेहद जरूरी है। प्रिंसिपल सुनीता विज ने कहा कि प्लास्टिक कचरे को सही ढंग से निस्तारण करने से शहर को स्वच्छ और प्लास्टिक मुक्त करने में मदद मिलेगी।

आरसीएफ सिटी ने सेक्टर 15 मार्केट में तीन प्लास्टिक कचरा बॉक्स रखे हैं। इन बॉक्सों में प्लास्टिक कचरे को डालकर निस्तारण किया जाएगा। इस पहल का उद्देश्य शहर को स्वच्छ और प्लास्टिक मुक्त बनाना है।

प्रकार न अप




RCF CITY IN ACTION

Share a Meal, Feel the Divine Heal

RCF City humbly launched a heartfelt initiative —
Annapurna: A Plate of Hope – A Monthly Food
Donation Drive.

With every meal shared, we pledge to spread love,
dignity, and nourishment to those in need.

Focus Area: Community & Economic development

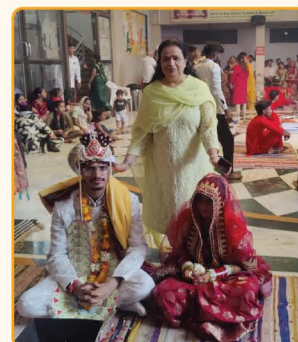


RCF CITY IN ACTION

RCF City at Sai Dham, Faridabad

It was a blessed moment as we, representing "RCF City, participated in the Mass Marriages of underprivileged couples at Sai Dham", Tigaon Road, Faridabad. Joined by fellow Rotarians and dignitaries, the event was graced by the presence of the **Hon'ble Mayor of Faridabad, Mrs. Praveen Joshi**, who shared her heartfelt thoughts—emphasizing that every individual has the right to equal opportunities and a life of dignity.

We had the opportunity to engage in a meaningful conversation with the Mayor Mrs. Praveen Joshi on key civic concerns, including Swachh Faridabad, and how collaborative efforts can lead to real change.



RCF CITY IN ACTION

Towards a Thalassemia-Free Tomorrow



RCF City organized a **Thalassemic Awareness & Screening Session** at **Nidhi Public School, Kheri Road, Faridabad**.

Gratitude to, Rtn. Jeetendra Nanda, District Thalassemia Chair, he delivered an insightful talk on Thalassemia — explaining what it is, how to prevent it, and the importance of spreading awareness.

The session was attended by 80 students of Class 11th and 12th, who actively participated and raised relevant queries, all of which were addressed thoughtfully by Rtn. Jeetendra Nanda.

Special thanks to ***Rtn. Lilly Dhall our AG**, for supporting us with her gracious presence.

The students pledged to take consent from their parents, get screened, and spread awareness among their relatives and neighbours.

This was a small yet meaningful initiative to educate students, teachers, and parents — a significant step forward in our collective mission to make our city Thalassemia-Free.

Focus area: Disease Prevention



RCF CITY IN ACTION

Empowering Young Minds through Learning and Nourishment

RCF City proudly promotes Literacy in alignment with Rotary District 3011's initiative.

We visited Nidhi Public School, Kheri Road, Faridabad, distributing notebooks and refreshments—nurturing education and fostering heartfelt connections.

Joyful smiles lit up the day as children gratefully received the notebooks. Their innocent promises to study well and share their joy reminded us that gratitude, sharing, and caring truly multiply blessings.

Focus area

Literacy and Community & Economic development



RCF CITY IN ACTION

शिक्षा और स्वच्छता: A Step Towards A Better Tomorrow



RCF City proudly continues its commitment to education and community well-being.

We visited **Dayanand Public School, Sector 7-C**, where we distributed notebooks and refreshments to the students and conducted an interactive awareness session on **WASH – a UNICEF-guided initiative, actively supported and promoted by Rotary, focusing on Water, Sanitation, and Hygiene.**

The students participated enthusiastically, showing a genuine eagerness to adopt healthy habits in their everyday lives. **There was a healthy interaction with the students on various issues related to health and hygiene.**

We were privileged by the gracious presence of **Mr. Anand Mehta, the Chairman of the Dayanand Group of Schools.** A thoughtful conversation with him opened doors for future collaborations and meaningful service opportunities.

The warmth and hospitality extended by the teachers and students truly touched our hearts.





RCF CITY IN ACTION

Honouring Strength, Spreading Awareness



RCF City proudly honoured 35 Thalassemic Children at Cultural Couture — a vibrant Lifestyle Exhibition held at Park Plaza, 21C, Faridabad.

The event was graced by the Mayor of Faridabad, Mrs. Praveen Joshi, who appreciated this meaningful initiative.

An impactful Thalassemia Awareness Talk was delivered by Mr. Ravinder Dudeja, urging the public to opt for early Thalassemia screening and support the Thalassemic Children by donating blood— a vital step towards building a Thalassemia-Free City.



Heartfelt thanks to Lavanya (our esteemed members Ginny & Davender) for their wholehearted support. The presence and appreciation of Former Mayor, Mrs. Suman Bala, added further encouragement to the cause.

The beautiful sarees from Lavanya, gifted as return tokens by RCF City, added a graceful sparkle to the guests and members alike.

Gratitude to all our members and my Co-President, RCF Tulips, Rtn. Preety Srivastav, for their presence.

Focus area: Disease Prevention , Public Image



RCF CITY IN ACTION

Donate Blood, Save Lives Donate Blood, Live a Healthy Life

RCF City organized a **Blood Donation Camp** at **Sai Packaging, Kanwara Industrial area, Kheri Jasna Road, on 25th July.**

Heartfelt thanks to all the donors and the dedicated members of RCF City —
Special appreciation to the father-son duos:
Lov & Lakshya Vij, Rajeev & Aadish Jain,
and to Priyata Raghavan, daughter of Raghavanji,
for their generous contribution.
We were able to collect 77 units of blood.

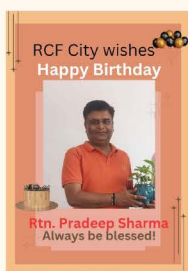
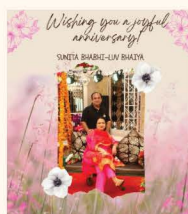
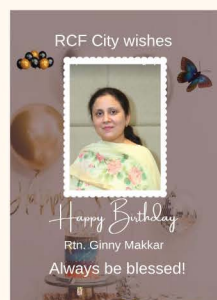
Thanks to Rotary Blood Bank and Raghvanji for making this happen.

Let's unite for this noble cause — it's the need of the hour.
Every single drop counts, every donor makes a difference!

Focus Area: Disease Prevention
Beneficiaries: 77



Birthday & Anniversary Cheers for the month of July



Cheers & Cheers to the members of RCF City, on their special days!"

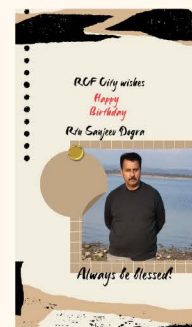
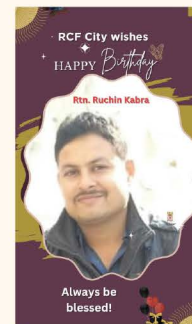
Cheers to the joy that brightens your way, Be it your birthday or your wedding anniversary !

May laughter and love fill every hour, With memories sweet like a blooming flower!

Happy Happy Anniversary dear Sunita & Lov Vij

"Happy Happy Birthday dear Bela Agarwal, dear Ruchin Kabra, dear Ginny Makkar, dear Pradeep Sharma, dear Sarika Sharma and dear Sanjeev Dogra"

Congratulations to each one of you!
May All your dreams come true!



Gratitude, Gratitude, Gratitude!

Dear Esteemed Members of RCF City and Valued Readers,

My heartfelt gratitude to each one of you for taking the time to go through this magazine—every page reflects the beautiful memories we've created together, made possible through your support and active participation.

Looking forward to many more joyful moments in the times ahead!

Warm regards,

Sunita Vij

Editor, RCF City

